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## **INTAKE PACKET INSTRUCTIONS**

Completing the information that follows prior to your initial appointment (intake) will allow a shorter wait time once you arrive at our office. Please download, print, and complete these documents. In addition, be aware that important rating scales will also be sent separately by mail to the address you previously provided. For your convenience, a copy of the following on-line forms has also been included in this packet to be mailed.

*Please ensure completion of all rating scales, including parent and teacher versions, as soon as feasible after you receive them in the mail. Allow enough time for education professionals, in particular, to complete and return their forms to you so that you can bring them when you and your child arrive for scheduled intake.*

Feel free to contact me or secretarial staff should you have any concerns or questions about these forms. Thank you for choosing Northshore Counseling & Wellness to assess your child and manage any medications recommended as a result.